दी बनारस डर्माटॉलाजिस्ट्स, वेनेरॉलाजिस्ट्स एण्ड लेप्रोलाजिस्ट्स सोसाइटी के तत्वावधान में

44वाँ वार्षिक वैज्ञानिक सम्मेलन – 'क्यूटीकॉन-यूपी 2026

इण्डियन एसोसिएशन आफॅ डर्माटॉलाजिस्ट्स, वेनेरॉलाजिस्ट्स एण्ड लेप्रोलाजिस्ट्स उ.प्र.

दिनांक : 28 एवं 29 नवम्बर 2026 • स्थान : गुलाब कोठी द्वारा ग्रेपवाइन, पाराओ–रामनगर रोड, वाराणसी

44TH ANNUAL CONFERENCE - 'CUTICON-UP' 2026

INDIAN ASSOCIATION OF DERMATOLOGISTS, VENEREOLOGISTS AND LEPROLOGISTS , U.P.

Under the Aegis of : IADVL UP State Branch

Organised by : The Benaras Dermatologists, Venereologists, & Leprologists Society

Theme : Illuminating Dermatology, In the City of Lights

काश्याम् त्वचा–विज्ञान प्रकाशः

Date : 28th & 29th November 2026

Gulab Kothi by Grapevine Parao-Ramnagar Road, Varanasi

SCIENTIFIC PROGRAM



Organising Committee

आयोजनकर्ता

डॉ. विनोद सिंह	डॉ. श्री निवास	डॉ. रवि भूषण	डॉ. अरविन्द सिंह
आयोजन अध्यक्ष	आयोजन सचिव	वैज्ञानिक सचिव	कोषाध्यक्ष और मुख्य संयोजक

Conference Secretariat : Plot No. 30 Shivaji Nagar, Mahmoorganj, Varanasi-221010

Email : cuticonvaranasi@gmail.com **website :** www.upcuticon2026varanasi.com

आमंत्रण पत्र

आदरणीय महोदय/महोदया,

सादर नमस्कार।

हमें अत्यंत प्रसन्नता के साथ आपको सूचित करते हुए सम्मान का अनुभव हो रहा है कि CUTICON UP 2026 का आयोजन दिनांक 28 से 29 नवम्बर 2026 को वाराणसी में किया जा रहा है।

इस प्रतिष्ठित सम्मेलन में देशभर के त्वचा रोग विशेषज्ञ, शिक्षाविद् एवं चिकित्सा क्षेत्र के विशेषज्ञ एकत्रित होकर नवीनतम शोध, तकनीकों एवं अनुभवों का आदान-प्रदान करेंगे।आपसे विनम्र अनुरोध है कि आप इस सम्मेलन में अपनी गरिमामयी उपस्थिति प्रदान कर कार्यक्रम की शोभा बढ़ाएँ एवं इसे सफल बनाने में अपना महत्वपूर्ण योगदान दें।हमें पूर्ण विश्वास है कि आपकी सहभागिता इस आयोजन को और अधिक ज्ञानवर्धक एवं प्रेरणादायक बनाएगी।कृपया अपनी उपस्थिति से हमें अनुग्रहित करने की कृपा करें।

सादर,
आयोजन समिति
CUTICON UP 2026
वाराणसी

Organising Committee
आयोजनकर्ता



डॉ. विनोद सिंह
आयोजन अध्यक्ष



डॉ. श्री निवास
आयोजन सचिव



डॉ. रवि भूषण
वैज्ञानिक सचिव



डॉ. अरविन्द सिंह
कोषाध्यक्ष और मुख्य संयोजक

Day-1 Saturday : 28-11-2026 Hall-A

Time	Duration	Topics	Speaker/Moderator	Panelist
09:15-09:35 am	15+5mins	Non STI Genital Dermatosis	DR. SURAJ BALI Professor & HOD DVL, GMCH, Azamgarh	
09:35-10:00 am	20+5mins	PANEL DISCUSSION Sexually Transmitted Infections - Challenging cases	MODERATOR : DR. AKSHTA AGASHE Senior Resident DVL, BYL Nair Hospital, Mumbai	DR. RAJESH P SINGH Prof. DVL, PIMS, Lucknow DR. VK SHARMA Ex. Prof. DVL, AIIMS New Delhi DR. RAJEEV SHARMA Consultant DVL, Aligarh. DR. SURAJ BALI Professor & HOD GMCH, Azamgarh
10:00-10:30 am	30mins	PANEL DISCUSSION - PSORIASIS	MODERATOR : DR. RAJESH KUMAR Consultant DVL, Mumbai	DR. VINAY SINGH Consultant DVL, New Delhi & NP, IADVL (HQ) DR. TEGHVEER SINGH Asso. Prof. DVL, Base Hospital, Delhi Cantt. DR. SUDIP DAS Ex Prof. & HOD DVL, Calcutta National Medical College & Hospital, Kolkata DR. KSHITIJ SAXENA Prof. DVL, Era's Medical College & Hospital, Lucknow
10:30-10:55 am	20+5mins	Memorable cases from my practice in Paediatric Dermatology	DR. SAMIPA MUKHERJEE Consultant DVL, Bengaluru	
10:55-11:20 am	20+5mins	CSU 360: from current practice to emerging options	DR TEGHVEER SINGH Associate Prof. DVL, Base Hospital, Delhi Cant.	
11:20-11:35 am	10+5mins	JAK Inhibitors, BLACK BOX WARNING	DR. VINAY SINGH Consultant DVL, New Delhi, NP IADVL (HQ).	
11:35-11:50 am	10+5mins	GLP1 Agonist in Dermatology and their role in Metabolic Syndrome.	DR. SUDIP DAS Ex Prof. & HOD DVL, Calcutta National Medical College & Hospital, Kolkata	
11:50-12:00 pm	10mins	GLP1 Agonist in Dermatology: Too soon to celebrate	DR. KINGSHUK CHATTERJEE Associate Prof. DVL, NRS Medical College Kolkata	
12:00-12:10 pm	TEA BREAK			
12:10pm Onwards		AGBM		
01:30-02:30 pm	LUNCH BREAK			
02:30-03:00 pm	25+5mins	Atypical Clinical cases	DR. RAJEEV SHARMA Consultant DVL, Aligarh.	
03:00-03:20 pm	15+5mins	Dermal Detectives - When the Biopsy tells the real story	DR. CHIRAG DESAI Consultant Dermato-pathology, Mumbai	
03:20-03:40 pm	15+5mins	Interventional dermatology – Seven Colors by refraction in a Rainbow – Seven conditions treated by fractional co2	DR. GANESH PAI Consultant DVL, Mangaluru	
03:45-04:45 pm	60mins	DR. KN SAXENA ORATION by DR. SS PANDEY Ex Prof. IMS, BHU		
04:45-05:45 pm	60mins	INAUGURATION & AWARDS FUNCTION		
07:30-11:00 pm	75mins	CULTURAL PROGRAM & GALA DINNER in Celebration Lawn, Ramada (Opposite Gulab Kothi)		

Day-1 Saturday: 28-11-2026 Hall-B

Time	Duration	Topics	Speaker/Moderator	Panelist
09:30-10:00 am	30mins	Significance of slit-skin smear and sural nerve biopsy in patients of Hansen's disease and approach lepra reaction	DR. SONIA JAIN Prof. & Head DVL, MGIMS, Sevagram, Wardha	
10:00-10:20 am	15+5mins	Role of high-resolution Ultrasonography in Hansen's disease	DR. SWASTIKA SUVIRYA Prof. & Head, DVL, KGMU.	
10:20-10:40 am	15+5mins	Immunoprophylaxis & Chemoprophylaxis in Leprosy	DR. HEMANT KUMAR KAR Emeritus Professor KIMS, Bhubaneswar.	
10:40-11:10 am	30mins	PANEL DISCUSSION: Difficult to treat and atypical Leprosy cases	MODERATOR : DR. ARUN YADAV Asst. Professor DVL, Autonoumous State Medical College, Sonbhadra	DR. HEMANT KUMAR KAR Emeritus Professor KIMS, Bhubaneswar DR. SATYAKI GANGULY Additional Prof. DVL, AIIMS, Raipur. DR. SS PANDEY Consultant DVL, Varanasi. DR. ANIMESH BISWAS Asso. Prof. DVL, Santiniketan Medical College and Hospital
11:10-11:25 am	10+5mins	Epidemiology and Statistics of Leprosy in Uttar Pradesh	DR. JAYA DEHLAVI State Leprosy Officer, Lucknow.	
11:25-11:30 am		Tea Break		
11:30-11:50 am	15+5mins	Pigmentary changes in Systemic disorders	DR. AMIT SHEKHAR Associate Professor & HOD, DVL, MLNMC, Prayagraj, U.P.	
11:50-12:05 pm	10+5mins	Recent Updates In NACO STI Guidelines	DR. SATYAKI GANGULY Additional Professor, DVL, AIIMS, Raipur	
12:05-12:25 pm	15+5mins	What' s new in the treatment of Contact Dermatitis	DR. KAUSHAL K. VERMA Ex Prof. & Head, DVL, Dean (Academic) AIIMS, New Delhi	
12:25-12:50 pm	20+5mins	"सुख-सुविधाएँ अपार, फिर भी रोग हज़ार!"- Further from Nature, Closer to Diseases	DR. SANJEEV GUPTA Prof. & HOD MM Medical College, Ambala, Harayana	
12:50-01:10 pm	15+5mins	Connective Tissue Diseases: A shared Frontier in Dermatology & Rheumatology	DR. B D PANDEY Director of Rheumatology, Fortis Hospital, Noida	
01:10-01:30 pm	15+5mins	Four Pillars of beauty	DR. SMITA CHAKOTE Consultant DVL, Solapur	
01:30-02:30 pm		LUNCH		
02:30-02:50 pm	15+5mins	Geriatric itch	DR. PRATIK GAHALAUT Prof. & Head SRIMS, Bareily	
02:50-03:10 pm	15+5mins	Cytodiagnosis: A Bedside Conundrum Buster	DR. BHAVANA DOSHI Prof. & Head, JNMC, Belgaum, Karnataka.	
03:10-03:30 pm	15+5mins	Erectile Dysfunction: Beyond PDE5 inhibitors	DR. PARAS SHAH Consultant Sexologist, Ahmedabad	
03:30-03:50 pm	15+5mins	Use of AI in clinic practice	DR. SUNIL MISHRA Consultant DVL, Mumbai	
03:50-04:05 pm	10+5mins	Advancing Topical Psoriasis Care: From Aryl Hydrocarbon Receptor (AhR) Science to Clinical Practice	DR. AMIT SHEKHAR Associate Professor & HOD, DVL, MLNMC, Prayagraj, U.P.	
04:05-04:15 pm		Tea Break		
04:15-05:15 pm	60mins	PG QUIZ PRELIMINARY ROUND		

Day-1 Saturday: 28-11-2026 Hall-C

11:00-12:30 pm	8+2mins Each	FREE PAPERS
12:30-01:30 pm	60mins 2+1 Each	E-POSTER PRESENTATION (20)

Day-2 Sunday: 29-11-2026 Hall-A

Time	Duration	Topics	Speaker/Moderator	Panelist
09:30-09:50 am	20mins	Beyond the surface: Evidence Based Management of Necrotizing Soft Tissue Bacterial Infections.	DR. SUVESH SINGH Asst. Professor, (DVL) NMCH Sasaram	
09:50-10:20 am	30mins	PANEL DISCUSSION : Acne Orthodoxy vs Innovation: How do we Manage Tricky Scenarios?	MODERATOR : DR. SAUMYA SANKHWAR Associate Professor and HOD DVL., ASMC, Ayodhya.	DR. RAHUL BALMIKI Associate Professor, T .S. Misra Medical College, Lucknow. DR. PIHU SETHI Asso. Prof. & Head DVL GIMS, Greater Noida DR. MANJARI GARG Consultant DVL, Gwalior, MP.
10:20-10:40 am	15+5mins	Newer Topical Agents for Acne, Pigmentary Disorders & AGA	DR. RATNAKAR SHUKLA Consultant DVL, Gorakhpur	
10:40-11:05 am	20+5mins	Role of Nutritional Therapy & Sublingual Minoxidil in Hair Loss	DR. SUNIL MISHRA Consultant DVL, Mumbai	
11:05-11:30 am	20+5mins	A case-based discussion on Psychogenic itch & Prurigo Nodularis	DR. ABDUL LATHEEF Consultant DVL, Kozhikode, Kerala	
11:30-11:50 pm	15+5mins	Managing 'Hard to Treat' Patients: Strategies for Refractory Immunobullous Disorders	DR. PARUL VERMA Prof. Dermatology, KGMU, Lucknow, UP	
11:50-12:00 pm		Tea Break		
12:00-01:30 pm	8+2mins Each	8 AWARD PAPER		
		Inflammatory burden in refractory chronic spontaneous urticaria: an evaluation of neutrophil-to-lymphocyte ratio and mean platelet volume		DR. ASHIMA RAO
		Comparison of levocetrizine versus histaglobulin and autologous serum therapy in chronic spontaneous urticaria; a three armed randomised control trial		DR. KIRTIKA AGARWAAL
		Prevalence and Predictors of Concurrent Sexually Transmitted Infections among Patients Attending a Tertiary Care STI Clinic: A Cross-sectional Study		DR. MOHAMMED V
		Association of TLR6 and TLR8 Gene Polymorphisms with Susceptibility to Leprosy in a North Indian Population: A Case-Control Study		DR. SHUBHAM GUPTA
		Efficacy of injectable platelet- rich fibrin (IPRF) with topical 5% minoxidil versus microneedling with topical 5% minoxidil in male androgenetic alopecia – an open label tertiary care hospital based randomised controlled trial		DR. FARKHANDA SOFI
		A Hospital-based, Randomized Controlled Trial Comparing the Efficacy of Topical 2% Tofacitinib Ointment Combined with Microneedling versus Topical 2% Tofacitinib Ointment Alone in the Treatment of Alopecia Areata		DR. ROHIT CHAUHAN
		A comparative study of effectiveness and safety of methotrexate and apremilast combination therapy versus tofacitinib monotherapy in the treatment of moderate to severe plaque psoriasis		DR. VINAYAK UPADHYAY
		Therapeutic potential of intralesional MMR vaccine in the treatment of verruca plana : a prospective study		DR. PARUL SETHI
01:30-02:30 pm		LUNCH		
02:30-03:00 pm	25+5mins	Professional indemnity: The Pitfalls	ADV. NEERAJ GUPTA	
03:00-03:30 pm	25+5mins	PANEL DISCUSSION : Practice management tips with recent NMC guidelines on social media	MODERATOR : DR. GAURAV NAKRA Consultant DVL, New Delhi	DR. NEERAJ PANDEY Consultant DVL, Lucknow DR. DIVYA AGARWAL Consultant DVL, Ghaziabad DR. RATNAKAR SHUKLA Consultant DVL, Gorakhpur

Day-2 Sunday: 29-11-2026 Hall-B

09:30-10:15 am	45mins	**AESTHETIC INTENSE SESSION 1 : THREADS** (LECTURE & VIDEO DEMO)	
			DR. INDU BALLANI Consultant DVL, New Delhi
10:15-11:05 am	50mins	**AESTHETIC INTENSE SESSION 2: LASERS**	
		Recent advances- the must technologies needed to establish aesthetic practice	**DR. ANIL GANJOO** Consultant DVL, New Delhi
		Erbium glass- innovative indication & review	**DR. NEERAJ PANDEY** Consultant DVL, Lucknow
		Panel Discussion with the Guru	**DR. GANESH PAI** DR. GAURAV NAKRA, DR. INDU BALLANI, DR. ANIL GANJOO **MODERATOR : DR. NEERAJ PANDEY**
11:05-11:30 am	25mins	**AESTHETIC INTENSE SESSION 3: SKIN BOOSTERS**	
		How to select right booster- Evidence based	
		Demonstration	
11:30-11:45 am	15mins	**AESTHETIC INTENSE SESSION 4: FILLERS**	
		How to begin fillers practice- How, why, when?	**Dr. INDU BALANI** Consultant DVL, New Delhi
11:45-12:00 pm	15mins	Q & A SESSION	**DR. NEERAJ PANDEY** Consultant DVL, New Delhi
12:00-12:10 pm		**Tea Break**	
12:10-12:35 pm	20+5mins	Challenges in Laser Hair reduction complications and management	**DR. AJAY SHARMA** Consultant DVL, Meerut
12:35-01:00 pm	20+5mins	Nuance in recovery where PDRN meets pathophysiology	**DR. DIVYA AGARWAL** Consultant DVL, Ghaziabad
01:00-01:20 pm	15+5mins	To do or not to do: Meeting the Ethics	**DR. ARVIND SINGH** Consultant DVL, Varanasi
01:30-02:30 pm		**LUNCH**	
02:30-03:30 pm	60mins	**PG Quiz Final**	
03:30-04:30 pm	60mins	**Valedictory & Vote of Thanks** (Alumni Meet - IMS, BHU) (Alumni Meet - BRD Gorakhpur)	



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Chief Coordinator

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Notes

